



TANYA'S HEART AT WORK CATERING

From My Heart to Your Table

Owner/Operator: LaTanya Lyons
910-581-3208

CATERING PACKAGES

Bronze	Silver	Gold
Starting at \$25.00 per person	Starting at \$35.00 per person	Starting at \$50.00 per person
<ul style="list-style-type: none">• 1 Entrée• 1 Vegetable• 1 Starch• Bread• Beverage	<ul style="list-style-type: none">• 2 Entrées• 2 Vegetables• 2 Starches• Bread• Beverage	<ul style="list-style-type: none">• 3 Prime Entrées• 2-3 Vegetables• 2-3 Starches• Bread• Beverage

** Salad can be added separately or as a vegetable*

ENTRÉE SELECTION

Half-baked & Half-fried Chicken	Roasted Pork Loin
Baked Chicken	Roast Beef & Gravy
Fried Chicken	Shredded beef in Brown Gravy
Italian Chicken	Turkey Breast
Ham	Salmon
Chopped BBQ	Shrimp
BBQ Chicken	

PRIME MEATS

Item	Price
Turkey Breast / Roast Beef	\$30.00 per person
Salmon / Shrimp	\$35.00 per person
Prime Rib	\$45.00 per person

STARCH SELECTION

Macaroni & Cheese	Macaroni Salad
Mashed Potatoes	Herbed Red Potatoes
White or Yellow Rice	Sweet Potato Casserole
Sweet Potato Fluff	Yams
Fried Rice – Plain, Chicken, Shrimp	Potato Salad
Pasta Salad	

PASTA

Item	Starting Price
Baked Ziti	\$45.00
Lasagna	\$50.00

Baked Spaghetti	\$45.00
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SALADS

Green Garden Salad	Fruit Salad
Caesar Salad	Broccoli Salad
Cole Slaw	

** Salads can be added separately or as a vegetable*

VEGETABLES

Honey Glazed Carrots	Vegetable Medley
Green Beans	Cabbage
Buttered Corn	Asparagus
Corn on the Cob	Lima Beans
Broccoli	Baked Beans
Collard Greens (party of 50 & under)	

HORS D'OEUVRES

BBQ Meatballs	Pigs in a Blanket
Fried Wings	Chicken Tenders
Hot Wings	Shrimp Cocktail
BBQ Wings	Mini Chicken Salad Croissants
Tuna Salad	Ham, Turkey & Roast Beef Sliders
	Assorted Fruit Salad

TRAYS

⚠ Requires 24-Hour Notice

Meat & Cheese Tray

Starting at \$80.00 | Serves approx. 28

Includes Boar's Head Ovengold Turkey, Maple Honey Ham, Deluxe Roast Beef, Yellow American and Swiss Cheeses.

Charcuterie Platter

Starting at \$100.00 | Serves approx. 26–30

Boar's Head Sopressata, Genoa Salami, Vermont Cheddar, Provolone, Grapes, Strawberries, Fig Crisps, Water Crackers, and Fig Spread.

Fresh Vegetable Tray

Starting at \$40.00 | Serves approx. 28

Baby carrots, celery sticks, cauliflower, broccoli, cucumber, grape tomatoes. Choice of Ranch or Blue Cheese dressing.

Fruit Tray

Starting at \$40.00 | Serves approx. 28

An arrangement of fresh, seasonal fruit including grapes, strawberries, apples, pineapple, and melons.

Fruit & Cheese Platter (Large)

Starting at \$80.00 | Serves approx. 28

Seasonal fruit served with Brie, Hoop Cheddar, Manchego, and Blue Cheese.

Shrimp Platter

Starting at \$80.00 | Serves approx. 20

Platter of extra-large shrimp, served with lemon slices and cocktail sauce.

DIPS

Available for parties of 50 and under

Item	Price
Spinach Dip	\$90.00
Sausage & Cheese Dip	\$80.00
Cheese Dip	\$75.00

SOUPS

Item	Price
Chicken Noodle Soup	\$80.00
Vegetable Soup	\$75.00

BEVERAGES

Sweet Tea	Unsweetened Tea
Lemonade	Water

BULK ORDER MENU (Half / Full Tray Pricing)

Salads & Cold Sides

Item	Half Tray	Full Tray
Chicken Salad	\$50.00	\$90.00
Tuna Salad	\$60.00	\$95.00
Macaroni Salad	\$40.00	\$70.00
Macaroni Salad w/ Tuna	\$50.00	\$90.00
Pasta Salad	\$50.00	\$80.00
Potato Salad	\$45.00	\$75.00
Broccoli Salad	\$60.00	\$95.00
Coleslaw	\$40.00	\$75.00
Fruit Salad	\$50.00	\$85.00
Garden Salad	\$30.00	\$50.00

Rice

Item	Half Tray	Full Tray
White Rice	\$20.00	\$50.00
Seasoned Rice	\$30.00	\$60.00
Fried Rice (Plain)	\$30.00	\$60.00
Fried Rice (Chicken)	\$40.00	\$75.00

Fried Rice (Shrimp)	\$50.00	\$80.00
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Pasta

Item	Half Tray	Full Tray
Lasagna	\$50.00	\$95.00
Baked Spaghetti	\$45.00	\$80.00
Baked Ziti	\$45.00	\$80.00
Macaroni & Cheese	\$50.00	\$80.00

Sweet Potatoes & Starches

Item	Half Tray	Full Tray
Yams	\$45.00	\$80.00
Sweet Pot. Casserole	\$45.00	\$80.00

Vegetables

Item	Half Tray	Full Tray
Collards (party of 50 or less)	—	\$90.00
Cabbage	\$30.00	\$60.00
Green Beans	\$35.00	\$65.00
Corn	\$35.00	\$65.00
Lima Beans	\$40.00	\$75.00
Glazed Carrots	\$40.00	\$75.00
Baked Beans (Plain)	\$40.00	\$70.00
Baked Beans (w/ Ground Meat)	\$50.00	\$82.00
Veg. Medley	\$45.00	\$75.00
Broccoli	\$45.00	\$75.00
Asparagus	\$50.00	\$85.00

★ All condiments are included: plates, cutlery, cups & napkins ★

Contact: LaTanya Lyons | 910-581-3208